

***Breakfast:** Includes Entrée, 2 Fruit-Juice/Veg choices, plus Low Fat or Nonfat Milk. One choice must be from Fruit/vegetable offerings. Minimum 3 items must be taken.

***Lunch:** Students must take a minimum of three components. One choice must be from vegetable/fruit offerings. Vegetable garden basket offers a variety of vegetable choices daily for a ¾ cup serving.

Breakfast offers: Entrée- Fruit choices/ Juice and Milk

Lunch Offers: Entrée plus fruit & vegetable choices. whole grains, low fat & nonfat milk choices. *All grains offered are (WG) whole grain.*

◀ May contain pork.
♦ May contain peanuts

Menu Subject to Change
Vegetarian and Vegan Entrees available daily upon request

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>Choose MyPlate.gov</p>		<p>Cereal</p> <p>Offered Daily</p> <p>for Breakfast</p>		<p>1 Cereal Apple Slices & Peach Cup</p> <hr style="border-top: 1px dashed black;"/> <p>Chili Cheese Dog Cucumbers Celery Sticks Apple Slices</p>
<p>4</p> 	<p>5 Egg & Potato Empanada Grapes & Peach Cup</p> <hr style="border-top: 1px dashed black;"/> <p>Beef Taco Snack Edamame Broccoli Bites Grapes</p>	<p>6 WG Donuts Banana & Raisins</p> <hr style="border-top: 1px dashed black;"/> <p>Chicken & Waffle Sandwich Celery Sticks Baby Carrots Banana</p>	<p>7 Cinnamon Roll Grapes & Applesauce</p> <hr style="border-top: 1px dashed black;"/> <p>Cheezy Squares Marinara Sauce Broccoli Bites Frozen Fruit Cup</p>	<p>8 Cereal Bar Apple Slices & Peach Cup</p> <hr style="border-top: 1px dashed black;"/> <p>Chicken Corn Dog Cucumbers Celery Sticks Apple Slices</p>
<p>11 Chocolate Chip Muffin Craisins & Apple Slices</p> <hr style="border-top: 1px dashed black;"/> <p>All American Burger Corn Baby Carrots Craisins</p>	<p>12 WG Concha Grapes & Peach Cups</p> <hr style="border-top: 1px dashed black;"/> <p>Chicken Taquitos Edamame Broccoli Bites Grapes</p>	<p>13 Cinnamon Crumb Square Banana & Raisins</p> <hr style="border-top: 1px dashed black;"/> <p>Yogurt w/ Granola Celery Sticks Baby Carrots Banana</p>	<p>14 Pancake & Sausage Sandwich Grapes & Applesauce</p> <hr style="border-top: 1px dashed black;"/> <p>Mozzarella Bites Marinara Sauce Broccoli Bites Frozen Fruit Cups</p>	<p>15 Banana Bread Apple Slices & Peach Cup</p> <hr style="border-top: 1px dashed black;"/> <p>Double Dogs Cucumbers Carrots & Celery Apple Slices</p>
<p>18 Blueberry Muffin Craisins & Apple Slices</p> <hr style="border-top: 1px dashed black;"/> <p>Cheeseburger Corn Baby Carrots Peach Cups</p>	<p>19 Apple Empanada Grapes & Peach Cups</p> <hr style="border-top: 1px dashed black;"/> <p>Beef Chalupa Edamame Broccoli Bites Grapes</p>	<p>20 WG Donuts Banana & Raisins</p> <hr style="border-top: 1px dashed black;"/> <p>Sausage & Waffle Sandwich Celery Sticks Baby Carrots Banana</p>	<p>21 Pancake on a Stick Grapes & Applesauce</p> <hr style="border-top: 1px dashed black;"/> <p>Turkey Calzone Marinara Sauce Broccoli Bites Frozen Fruit Cups</p>	<p>22 Cereal Apple Slices & Peach Cup</p> <hr style="border-top: 1px dashed black;"/> <p>Chili Cheese Dog Cucumbers Celery Sticks Apple Slices</p>
<p>25 Chocolate Muffin Craisins & Apple Slices</p> <hr style="border-top: 1px dashed black;"/> <p>Grilled Cheese Sandwich Corn Baby Carrots Peach Cups</p>	<p>26 Egg & Potato Empanada Grapes & Peach Cup</p> <hr style="border-top: 1px dashed black;"/> <p>Beef Taco Snack Edamame Broccoli Bites Grapes</p>	<p>27 WG Donuts Banana & Raisins</p> <hr style="border-top: 1px dashed black;"/> <p>Chicken & Waffle Sandwich Celery Sticks Baby Carrots Banana</p>	<p>28 Cinnamon Roll Grapes & Applesauce</p> <hr style="border-top: 1px dashed black;"/> <p>Cheezy Squares Marinara Sauce Broccoli Bites Frozen Fruit Cup</p>	<p>29 Cereal Bar Apple Slices & Peach Cup</p> <hr style="border-top: 1px dashed black;"/> <p>Chicken Corn Dog Cucumbers Celery Sticks Apple Slices</p>